

Health and Safety plan on open days/working bees:

This excludes all machinery.

All the work is either hand pulling or digging out, pruning, sawing with probably a bit of cut and paste chemical. We'll be on tricky terrain and among tall plants so eyes are at risk.

Let us know privately if you have any medical issues or medications, or a contact person you want us to know about.

The main hazards are at QI/KT site:

1. The plants themselves can be hazardous (wear gloves, long sleeves and eye protection).
2. Weeds occur in tricky places (watch out for eye-pokey things; be careful on banks and anywhere you could fall; look/think before you rip and bust, wear strong shoes). Particular care is needed amongst the flax on this site.
3. Control methods can be hazardous (take it easy and if you use any poison, follow the safety instructions for it, chemical information sheet/first aid for Triumph Gel in the tool shed).
4. Full sacs will get heavy (lift things safely and together - if you can't lift it alone...don't! Ask for help)
5. You're outside (so it could be cold or hot and sunny. Dress smart, drink and eat a bit, and slip-slop-slap it. The sun is probably our biggest hazard.
6. Funny, but cutting tools are sharp (wear protective gear, adopt a stable position, use tools with care, watch out for others). Respect guidelines concerning proper use of tools.
7. Tracks can be uneven, slippery, overgrown, and cliffs can be around the corner.
8. Fire is a potential risk. Smoking, open fires is absolutely forbidden on the island.
9. It is a good idea to wear a fully charged phone on you in case you need it or we can't find you.
10. People visiting with kids should supervise them at all times.

We will supply safety glasses, first aid kit, gloves, overalls, life jackets, spades, secateurs, loppers, shears.

Please bring sunscreen, a spade and secateurs/loppers if you have these. You'll also need your sunhat and some water/snacks, and you may want to bring your own gloves. You should be prepared to get wet feet.